

Open Belgium Paralympic Swimming Championships 2019

Programma :

Warming up : 9.00 - 9.45

Session 1 : 10.00

EVENT NR	DISTANCE	STYLE	CLASSE	SEXE
1	400M	Freestyle	S6 - S10	Female
2	400M	Freestyle	S6 - S10	Male
3	100M	Backstroke	S1-S2 / S6-S16	Female
4	100M	Backstroke	S1-S2 / S6-S16	Male
5	200M	Breaststroke	SB4 - SB10	Female
6	200M	Breaststroke	SB4 - SB10	Male
Medal Events	1 - 2 - 3 - 4			
7	50M	Freestyle	S1 - S16	Female
8	50M	Freestyle	S1 - S16	Male
9	100M	Butterfly	S8 - S10	Female
10	100M	Butterfly	S8 - S10	Male
Medal Events	5 - 6 - 7 - 8			
11	200M	Freestyle	S1-S5 / S14-S16	Female
12	200M	Freestyle	S1-S5 / S14-S16	Male
13	200M	Individual Medley	SM5 - SM10	Female
14	200M	Individual Medley	SM5 - SM10	Male
15	4 x 50M	Freestyle	20 Points	

Pause

Warming up : 13.00 - 13.45

Session 2 : 14u

16	50M	Freestyle	Pre-competition	
Medal Events	9 - 10 - 11 - 12 - 13 - 14 - 15			
17	50M	Backstroke	S1-S5 / S14-S16	Female
18	50M	Backstroke	S1-S5 / S14-S16	Male
19	4 x 100M	Freestyle	34 points	
20	400M	Individual Medley	SM5 - SM10	Female
21	400M	Individual Medley	SM5 - SM10	Male
22	200M	Backstroke	S6 - S10	Female
23	200M	Backstroke	S6 - S10	Male
24	50M	Breaststroke	SB1-SB5 / S14-S16	Female
25	50M	Breaststroke	SB1-SB5 / S14-S16	Male
Medal Events	16 - 17 - 18 - 19 - 20 - 21 - 22 - 23			
26	100M	Breaststroke	SB4 - SB16	Female
27	100M	Breaststroke	SB4 - SB16	Male
28	50M	Butterfly	S2 - S7	Female
29	50M	Butterfly	S2 - S7	Male
30	100M	Freestyle	S1 - S16	Female
31	100M	Freestyle	S1 - S16	Male
Medal Events	24 - 25 - 26 - 27 - 28 - 29 - 30 - 31			

- All events : multi disability except event nr 16